



# 5th INTERNATIONAL GISPT ASR CONFERENCE

**Location: Technogym Village**  
Via Calcinaro, 2861 | Cesena (FC)



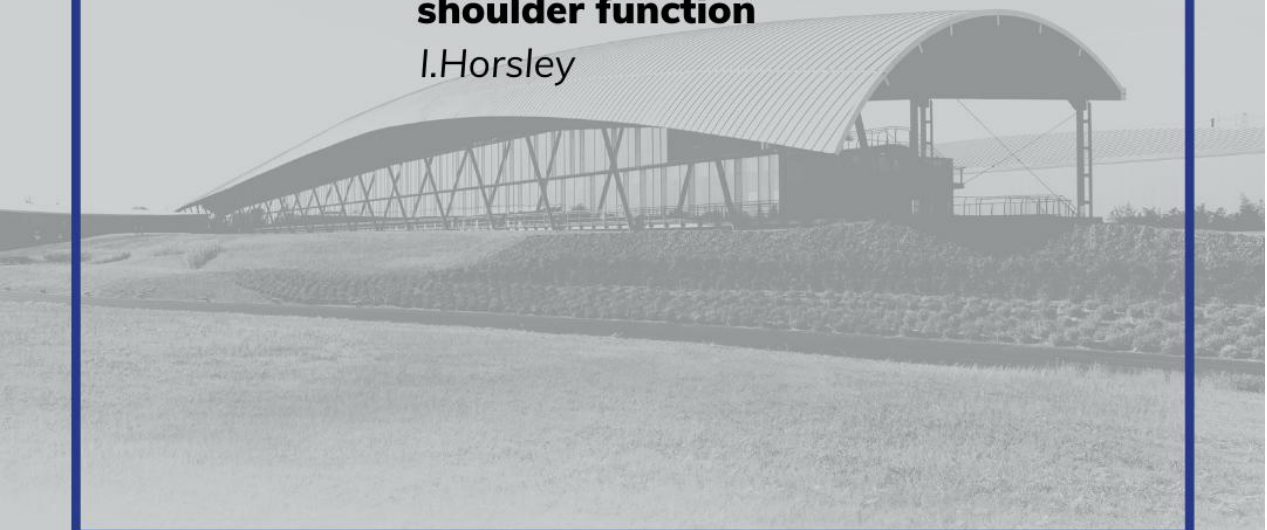
## Program

**FRIDAY 16th June**

**H 14,00 – 18,30**

### Workshops parallel session

- Workshop 1** **Running analysis and re-training**  
*R.A. Raimondi, D.Vallesio*
- Workshop 2** **Restoring sporting function after ACL injury**  
*N. Phillips*
- Workshop 3** **Anatomical networking for optimal shoulder function**  
*I.Horsley*





# 5th INTERNATIONAL GISPT ASR CONFERENCE

**SATURDAY 17th June**

**H 9,00 – 17,40 | Conference**

GISPT President M.Rosa

Scientific Committee: M. Cuniberti, F. Oliva, B.Parise,  
M. Rosa, A. Sauchelli,

8,20 – 9,00

Registration

9,00 – 9,20

Welcome Lectures

M. Rosa, C. Ramponi, S. Checchetto

**KEYNOTE SESSION (G. Antonini, F. Oliva)**

9,20 – 9,45

RTS -Physical performance tests are not  
functional performance tests- I. Horsley

9,45 – 10,10

RTS - planification and objective markers -  
F.Fronzoni

10,10 – 10,25

RTS - The value of S&C - A. Riboli

10,25 – 10,40

RTS - POV Sports Doctor -

10,40 – 10,55

Q&A

10,55 – 11,15

**COFFEE BREAK**

**JOURNAL SESSION (G.Zolla)**

11,15 – 11,25

Literature Review - IJSPT - M. Voight

11,25 – 11,40

Literature Review - BJSM - F. Wilson

11,40 – 11,55

Literature Review - JOSPT - A. Schwanke

11,55 – 12,05

Q&A

**POSTER SESSION (D.Bacci)**

12,05 – 12,10

Best Sport Physio Thesis

12,10 – 12,25

New Technologies in Strength

Training for performance and recovery

S. Zanuso

12,25 – 13,40

**LUNCH BREAK**





# 5th INTERNATIONAL GISPT ASR CONFERENCE

**SATURDAY 17th June**

## **FOCUS SESSION – ACL**

**(D. Maremmani, L. Cosi)**

13,40 – 14,00

Late-stage rehabilitation and Return-to-Sport in elite football players after ACLR- *F. Picinini*

14,00 – 14,20

On field rehab in ACL: test and profiling - *N. Miraglia*

14,20 – 14,35

RTS after ACL-R by different grafts- *F. Tosarelli*

14,35 – 14,50

Q&A

14,50 - 15,00

Analisi cinematica ed elettromiografica nel pattinaggio velocità a rotelle - *G. Bongiorno, L. Miceli*

## **FOCUS SESSION – OVERHEAD ATHLETE**

**(B. Parise,**

15,00 – 15,20

Restoring sport performance after shoulder injury - *N. Phillips*

15,20 – 15,40

RTS in Basketball player - *L. Buttinoni*

15,40 – 15,55

Return to play: shoulders prevention strategies in strength workout of the volleyball player - *G. Ferruccio*

15,55 – 16,10

Q&A

16,10 – 16,40

## **COFFEE BREAK**

## **ROUNDTABLE**

16,40 – 16,50

The role of Sport Psychologist in RTS

*E. Cernuschi*

16,50 – 17,30

Roundtable

17,30 – 17,40

Farewell lectures

*M. Rosa, C. Ramponi*

