

LIVE STREAMING



#GISPT21

# 4TH GISPT INTERNATIONAL CONFERENCE

ONLINE PLATFORM GISPT - AIFI  
MARCH 16TH-19TH, 2021  
H. 6:00-9:00 P.M.

[WWW.ASRCONFERENCE.IT](http://WWW.ASRCONFERENCE.IT)

CLINICAL REASONING  
AND PRACTICE

## SPORTS INJURY PREVENTION

TUESDAY MARCH 16TH, 2021

### WELCOME LECTURES

KEYNOTE - N.BITTENCOURT - IS IT POSSIBLE TO PREVENT SPORT'S INJURIES?

L.DE MICHELIS - THE ROLE OF SPORTS PHYSIOTHERAPIST IN SPORTS INJURY PREVENTION

Q&A

### PATELLOFEMORAL PAIN SESSION

N.R.MENEZES - EPIDEMIOLOGY AND PATHOGENESIS OF PFP

M.MUGNAIOLI - INJURY PREVENTION IN PFP: PRACTICAL STRATEGIES

Q&A

WEDNESDAY MARCH 17TH, 2021

### SPORTS EPIDEMIOLOGY SESSION

KEYNOTE - R.BAHR - WHY TO COLLECT EPIDEMIOLOGICAL DATAS IN SPORTS MEDICINE?

E.WIK - THE ROLE OF THE PHYSIOTHERAPIST IN SPORTS EPIDEMIOLOGY

P.D.BERTINI - ITALIAN CULTURAL ADAPTATION OF THE STROBE-SIIS CHECKLIST

Q&A

### FEMALE ATHLETE SESSION

G.MYKLEBUST - THE APPROACH TO FEMALE ATHLETE

E.BASSINI - PREVENTION AND MANAGEMENT OF PELVIC FLOOR DYSFUNCTIONS IN ATHLETES

Q&A

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THURSDAY MARCH 18TH, 2021

### LOAD MANAGEMENT SESSION

KEYNOTE - F.IMPELLIZZERI - HOW TO MANAGE LOAD

G.DUPON - HOW TO ASSESS LOAD

Q&A

### COMPLEMENTARY STRATEGIES TO MANAGE LOAD

M.SINGH - THE IMPORTANCE OF SLEEP IN INJURY PREVENTION.

J.WINKELMANN - NUTRITION AND INJURY PREVENTION

C.CONTI - THE ROLE OF SPORTS PSYCHOLOGIST IN SPORTS INJURY PREVENTION

Q&A

FRIDAY MARCH 19TH, 2021

### ITALIAN SESSION - CONTACT SPORTS

M.ROMANO - SPORTS INJURY PREVENTION IN SOCCER

D.CORNETTI - SPORTS INJURY PREVENTION IN BASKETBALL

M.CATTANEO - SPORTS INJURY PREVENTION IN ICE HOCKEY

D.D'ERRICO - SPORTS INJURY PREVENTION IN RUGBY

Q&A

### ITALIAN SESSION - NON CONTACT SPORTS

M.MASCHERONI - SPORTS INJURY PREVENTION IN VOLLEYBALL

P.MORESCHI - SPORTS INJURY PREVENTION IN SWIMMING

L.COSI - SPORTS INJURY PREVENTION IN ALPINE SKI

F.BALBI - SPORTS INJURY PREVENTION IN FENCING

Q&A

## ADVANCES IN SPORT REHABILITATION

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